PROMOTING AND SUSTAINING A GROWTH MINDSET IN ONLINE CLASSROOMS AMID THE COVID-19 PANDEMIC

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LEARNING OUTCOMES

Research In Growth Mindset, COVID-19 and Online Learning

How Faculty Can Help College Students Succeed- Strategies

Examples of Growth Mindset on College Students during COVID-19

AGENDA

Introductions
Growth and Fixed Mindset
COVID-19 and College Students
Research on COVID-19 and Growth Mindset
Best Practices
Summary and Questions
Resources

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WHAT IS A GROWTH MINDSET?

HOW HAS COVID-19 IMPACTED STUDENTS TAKING ONLINE COLLEGE CLASSES?

Fixed Mindset

Unchangeable

Gives up easily

Sees failure as the end

Is the victim or blames others

Hard on self

Strives for perfection

Growth Mindset

Recognizes the potential to grow

Likes a challenge

Tenacious and gritty
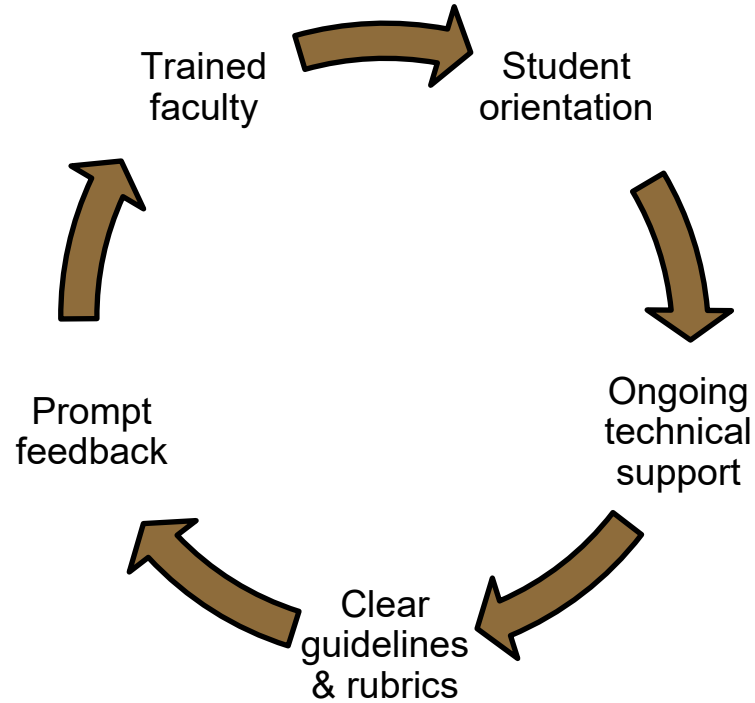
Sees failure as opportunity
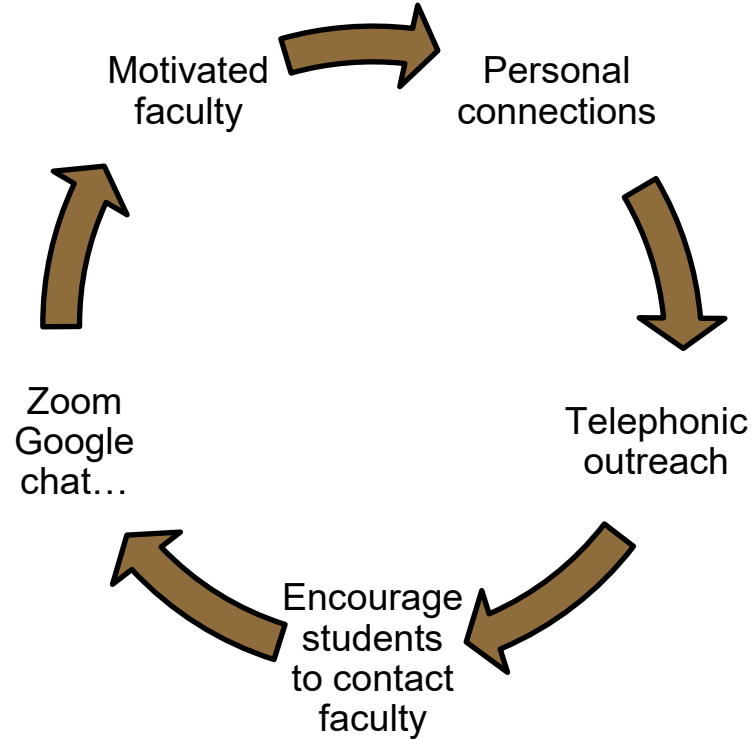
Asks for help

Strives for progress

Best Practices

Studies undertaken of online classes after the COVID-19 pandemic started have provided suggestions from faculty and online students to increase students' motivation, engagement, and retention (Ali, 2020; Faize & Nawaz, 2020; Kumar & Verma, 2021; Milicevic et al., 2020).

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Best Practices

Trained faculty → Student orientation → Ongoing technical support → Clear guidelines & rubrics → Prompt feedback → Trained faculty

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Best Practices

Motivated faculty → Personal connections → Telephonic outreach → Encourage students to contact faculty → Zoom Google chat… → Motivated faculty

Steele Lane License to...

Take risks!   Fail!   Ask questions!

Ask for help!   Experiment!

Say "I don't know"!   Be unsure!

Copy!   Try something new!

Get out of your comfort zone!

Why not go out on a limb? That's where the fruit is."

-Will Rogers

When faculty know what growth mindset is, it can help students manage anxiety, and push forward when challenges arise.

They can support them effectively and authentically with strategies, authentic support and resources.

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